



*The  
Vascular Group  
of Bradenton*

## **Pre-Operative Instructions**

Dr. Yeaney will discuss your surgery with you in the office prior to the operation. At that time Dr. Yeaney's front office staff will call the hospital scheduling line and arrange for pre-operative testing and blood work to be done at the Blake Medical Center Outpatient Lab. You will present to the lab approximately 3-5 days prior to your surgery to have some basic blood work completed. EKG heart monitoring and chest x-rays may also need to be performed depending on your overall medical condition and age. If a CXR or EKG has been done within the last several weeks, these tests can be waived. Some patients may need to see a Cardiologist prior to their operation. Dr. Yeaney's staff will arrange the Cardiology appointment as needed. At the time of the Outpatient Lab appointment a nurse will meet with you to perform a basic medical interview. A hospital anesthesiologist will conduct a more formal interview the day of surgery.

Operations at Blake Medical Center start very early. If you are the first case of the day with a 7:30 AM start time, you will need to present yourself to the Outpatient Center at 5:30 AM. The hospital will call you the day prior to surgery to confirm your operative time and to tell you when to come to the hospital. It is very important that you do not eat or drink anything after Midnight the day before your surgery. Medications can be taken with a small sip of water the morning of surgery. Please hold any blood thinners such as Plavix, Coumadin, or Pradaxa for 5 days prior to operation. Aspirin is usually OK to take before most vascular procedures and in some cases may be beneficial. If you are on diabetic pills hold them the day of surgery. Long acting insulin should be taken in only half the normal dose the morning of surgery. Herbal medicines and fish oil should also be held for one week prior to surgery. These medications sometimes have blood thinning effects and can be detrimental to surgery. Please take your heart medications, statin (cholesterol drugs), and any other important medication with a small sip of water the morning of surgery.

Triseptin, a special anti-microbial soap, will be given to you at your pre-operative evaluation. Triseptin is a special alcohol based cleaning agent you should shower with on 2 separate occasions before surgery. We recommend showering with Triseptin the evening prior and the morning of surgery. This cleansing has been shown to help prevent surgical site infections.

I have included a link on the website with a copy of the Blake Outpatient Guide. Please read this guide at your leisure, as it will tell you what to wear, how to handle your dentures and jewelry, and other important information.

If you have any questions, you can contact my office at 941-243-3991  
The number for the Blake pre-admissions area is 941-798-6198